



Media contact: *Melissa Becker*
Marketing & Communications Director
651.287.2302
mbecker@efmn.org

FOR IMMEDIATE RELEASE

Pine City Elementary School earned Seizure Smart School Distinction *Raising epilepsy awareness in schools to reduce stigma and bullying*

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With its dedication and commitment to support students with seizures, the Epilepsy Foundation of Minnesota (EFMN) is proud to announce that Pine City Elementary School earned the distinction of being a seizure smart school.

Seizure Smart Schools brings students, teachers, school nurses, staff and families together to foster the understanding of epilepsy in schools and teach seizure first aid. Schools and families work together with EFMN to alleviate stigma around seizures in classrooms and in the community.

More than 300,000 children in the U.S. have epilepsy, and one in ten people will have a seizure at some point in their lifetime. "Knowing how to respond to seizures is important. Supporting kids with seizures in schools so they can chase their dreams is critical and we are delighted to partner with Pine City Elementary School." said EFMN Executive Director Vicki Kopplin.

Visit efmn.org for details and to find out how to make your school "seizure smart".

About Epilepsy

When a person has two or more unprovoked seizures, they have epilepsy, which affects 60,000 people in our community. 1 in 10 people will have seizures in their lifetime, and 1 in 26 will develop epilepsy. Epilepsy affects more Americans than Multiple Sclerosis, Cerebral Palsy, Muscular Dystrophy and Parkinson's Disease combined. EFMN educated more than 9,000 people via schools in training last year.

About the Epilepsy Foundation of Minnesota

The Epilepsy Foundation of Minnesota (EFMN) envisions a world where people with seizures realize their full potential. The Foundation's programs and services cover MN and Eastern ND. For information, visit efmn.org.

Interviews: Vicki Kopplin, Executive Director: 651-246-2001, vkopplin@efmn.org