



**Pine City Public Schools**  
**Food & Nutrition Services**  
1400 Main Street S.  
Pine City, MN 55063  
320-629-4167  
polson@isd578.org

## **Student with Lactose Intolerance**

Dear Parent/Guardian,

State law (Minnesota Statutes 124D.114) requires Child Nutrition Sponsors to provide an approved alternative milk for students with lactose intolerance, if the parent has requested an alternative in writing. Pine City Public Schools will provide lactose free milk, for any student with lactose intolerance who has turned in a completed request form for lactose reduced milk.

Complete the form below if you need to make this request for your child, and please contact me at 320-629-4167, if you have any questions.

Respectfully,

Paige Olson RDN  
Food and Nutrition Director

---

### **2018-2019 Parent/Guardian Request for Lactose Reduced Milk**

Name of Student: \_\_\_\_\_ Grade: \_\_\_\_\_ Homeroom: \_\_\_\_\_

Name of Parent/Guardian: \_\_\_\_\_

Daytime Phone #: \_\_\_\_\_ Evening Phone #: \_\_\_\_\_

School District: ISD 578, Pine City Public Schools

School Attended by Student: \_\_\_\_\_

\_\_\_\_\_  
Parent Signature

\_\_\_\_\_  
Date

**Return form to:** Paige Olson 1400 Main Street S., Pine City, MN 55063

In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, the USDA, its Agencies, offices, and employees, and institutions participating in or administering USDA programs are prohibited from discriminating based on race, color, national origin, sex, disability, age, or reprisal or retaliation for prior civil rights activity in any program or activity conducted or funded by USDA.

Persons with disabilities who require alternative means of communication for program information (e.g. Braille, large print, audiotape, American Sign Language, etc.), should contact the Agency (State or local) where they applied for benefits. Individuals who are deaf, hard of hearing or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339. Additionally, program information may be made available in languages other than English.

To file a program complaint of discrimination, complete the [USDA Program Discrimination Complaint Form](#), (AD-3027) [found online](#) at: [http://www.ascr.usda.gov/complaint\\_filing\\_cust.html](http://www.ascr.usda.gov/complaint_filing_cust.html), and at any USDA office, or write a letter addressed to USDA and provide in the letter all of the information requested in the form. To request a copy of the complaint form, call (866) 632-9992. Submit your completed form or letter to USDA by:

(1) mail: U.S. Department of Agriculture  
Office of the Assistant Secretary for Civil Rights  
1400 Independence Avenue, SW  
Washington, D.C. 20250-9410

(2) fax: (202) 690-7442; or

(3) email: [program.intake@usda.gov](mailto:program.intake@usda.gov)

This institution is an equal opportunity provider.